



Cadry's
Kitchen
A VEGAN ADVENTURE

Trader Joe's grocery list

Produce

Bread

Yellow or red onions

Sandwich bread

Baguette

Grapefruit

Tortillas

Avocados (mini)

Potatoes

Refrigerated

Mushrooms

Extra firm tofu

Tomatoes

Soyrizo

Jalapeños

Non-dairy butter

Bananas

Non-dairy yogurt

Lemons

Cucumbers

Vegan cheese shreds

Frozen

Fries

Vegan breakfast sausage

Vegan chicken nuggets

Vegetable samosas

Beefless bulgogi

Spanish rice

Thai vegetable gyoza

Organic brown rice

Shelf stable

Thai noodles

Sparkling water

Onion salt

Olives

Beans - black, pinto & chickpeas

Popcorn kernels

Raw or roasted cashews

Tortilla chips

Peanuts

Nutritional yeast flakes

Whole wheat pasta

Salsa

Organic tomato basil marinara

Taco shells

Sandwich pickles

Wine

For recipes & ways to use these products, visit cadryskitchen.com